



# Virtual Intensive Outpatient Program

*Care when you need it. Where you need it.*

Uncertain times can make existing mental health challenges more complicated, creating a sense of helplessness and an urge to withdraw. Our Virtual IOP program provides uninterrupted care from your smartphone, tablet or computer.

- Treatment for depression, anxiety and other behavioral health challenges
- Therapy conducted virtually for Intensive Outpatient Program participants via Zoom
- Teleconsults for inpatient assessments
- Diagnosis and symptom education
- Caregiver and/or family therapy options
- Medicare, Medicaid, TRICARE and most private insurance accepted

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